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Important Dates

Monday 16 October 2023

- First Day of Term 4

Wednesday 18 October 2023

- MIND Program - Year 9
- Youth Opportunities - Year 10

Wednesday 25 October 2023

- MIND Program - Year 9
- Youth Opportunities - Year 10

Friday 27 October 2023

- School Closure Day

Tue 31 October-Wed 1 November 2023

- Touch Finals - Adelaide

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Principal's Report

Steve Carli-Seebohm



"So here is the 4 1 1, lets not be bussin' bussin', cap, no cap, full cap."

I am not entirely sure what I meant by that quote. It was merely something I started assembly with this week, whilst engaging in a conversation with students around the nature and evolution of language. Clearly, I had grabbed a select number of terms and phrases our youth engage with, and the amount of 'salty' and 'cringe' looks I received showed that it didn't land well with the audience that someone of my 'vintage' was attempting to speak 'teen'.

I followed this up by joining the Year 7 and 8 students, to continue a conversation around the choices we make in the language that we use. This was simply because, I want to start making changes in the culture of our school. Some of the ways that people speak to each other is simply not appropriate - language continually changes and evolves. What was considered taboo in my younger days has become common place within our current culture. Swear words have become more acceptable over time, and TV shows and movies we all watch, certainly represent this change. Also considered inappropriate is how racist, sexist, homophobic and derogatory terms are used in current language. As a society, we are far more in tune with the words and phrases that now cause legitimate offense. Many of these terms and phrases land squarely inside harassment and offensive frameworks, designed to protect people from harmful intent.

I recently had a political argument with my mother. She pointed out, when I was 18 years old, some of the language, phrases and beliefs I espoused, very much contravened my current take on the world and society. I responded to her, that, that is the glory of learning, education, developing understanding and expanding our thoughts and belief systems, as part of our growth. To be honest, as a 47 year old, if I met my 18 year old self tomorrow, I would definitely be giving myself a serve around those views!

We don't always say it the right way, so we need to learn from when we say the wrong things. Lets develop an understanding of how we want to speak to each other moving forward, rather than sticking with looking behind at what went wrong. The other exciting part around my meeting with the Year 7 and 8 cohort, is that this is the foundational team that will work with me, the other leaders, and staff of the school. We will build the new framework and setting for a school culture, that becomes a part of legacy themes. This is the first group of students at Penola High School I will share my first contract journey of 5 years with. This group has all the power and resources to set a trajectory forward, for a school that they want to be in, and an environment that supports them in their journey. From my perspective, this is very exciting indeed, and while I am sure there will be days we take some steps backwards, there will be always be the next day we can take big steps, and even leaps, forward.

On this note, we once again come to an end of another successful term at Penola High School. So much has taken place for students to engage in as part of their learning journey. This is on top of the many opportunities created to supplement what happens in the teaching and learning environment.

I took a moment to stand back at the recent Agriculture Open night. To take in what was a moment in time, showing what happens when as a collective, the school, staff, students, and the wider community come together to build, drive, support and grow a program for the school. And I know, this is the first of many such programs we have begun, that will define Penola High School and its legacy era.

Kind regards

Book Week
Elissa Hiotis

We are delighted to share with you the highlights of the recent CBCA Book Week celebrated in our school library over Week 5 of this term. This year, the theme was *Read, Grow, Inspire*, and it truly captured the spirit of the week. Our school library was buzzing with excitement throughout the week. Students from various year groups flocked to the library to participate in a range of activities designed around this year's theme, and the short listed books. Each day was packed with craft activities that allowed our students to express their creativity, while engaging with the theme. Some of the most popular activities was watercolour flower painting, and decorating flower pots, before filling them with soil and planting seeds.

A significant highlight, was our much-anticipated Dress-Up Parade. Students came dressed as their favourite book characters, filling the library with an array of colourful and imaginative outfits. The parade not only added a layer of excitement, but also gave students a deeper connection to the characters they read about.

The Book Week events also inspired an uptake in reading. Many students borrowed books that had been short listed for the CBCA awards, showing keen interest in high-quality literature. Teachers also incorporated these books into lessons, sparking lively discussions and enriching the academic environment.

We would like to extend our heartfelt thanks to all the students and staff who helped make this event a resounding success. Without your support, none of this would have been possible. Our dedicated library staff and volunteers, are also to be commended on their amazing work in creating a welcoming and enriching environment.

Let's continue to read, grow, and inspire. Until next year's Book Week, happy reading!



Science & Engineering Challenge

Cory O'Connor

Students from Penola High School recently attended the annual Science and Engineering Challenge in Mount Gambier. This is a full day excursion where students compete in a wide range of construction and problem-solving activities throughout the day.



Students worked in teams and were highly engaged and focused on problem-solving and strategic activities. Activities included investigating alternative sources of power and their incorporation into a sustainable supply system, investigating pathways in a network, building a hover craft and designing a tower built from paper to withstand vibrations, while carrying a load. The perennial favourites were also included: construction of a bridge and the Mars buggy. It was great to see students maintain focus on their allocated activities and work as a team. Our students won the bridge competition, and are to be congratulated on the effort and hard work they expended to achieve this success.



Volleyball

Josh Pearce

During Week 6, Penola High School took part in the inaugural volleyball tournament held at Wulanda. Volleyball is a sport that has definitely grown in popularity at Penola High School over the last couple of years, and the teams were eager to test themselves against other schools. Both, the Open Girls and Open Boys teams fought valiantly against more seasoned opponents, forcing majority of games to be decided by the time limit, rather than being defeated on points.

All day long, students displayed excellent sportsmanship and gave it their all, to which they should be commended.



Let's look at...Year 12 Food & Hospitality
Olivia Jaeschke

The Year 12 students have been researching different styles of cake trends, whilst also designing, baking and decorating. Blake Perry has been looking at the 'pull apart cupcakes' trend, and created a pull apart cookie monster cake. Not only is it adorable, but it is actually made up of individual cupcakes smothered in frosting.



Emily Koenig has been researching the popular 'gender reveal cake' trend, creating a "what will it bee?" cake. She accompanied the cake with fondant bees, white chocolate honey comb and berry compote filling. Ryan Jones' cake trend was 'chocolate bar and biscuit inspired cupcakes'. He made Oreo and Aero cupcakes, including the chocolate bars in his frosting.

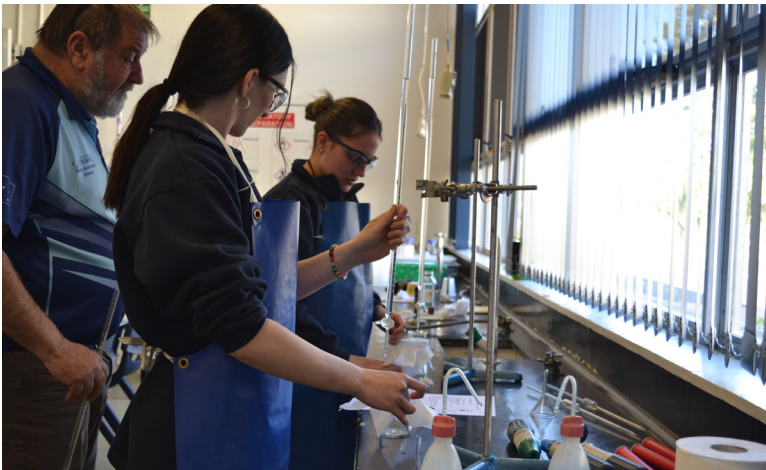


Let's look at...Senior Maths and Science
Mike Hentschke

The senior General Mathematics class are now completing their final topic for the year, and have drawn focus to catch up time, following a slow and disrupted start. Both Ben Hutchesson and Lochy Neale, have shown they can relate the course content to their own experiences, especially during the finance topic, investigating superannuation and loan repayment structures.

The Year 11 Mathematics class is facing the challenge of more theoretical and complex mathematics. It is a steep jump from Year 10 maths, and to see them embrace the challenge of content with rigor is rewarding as a teacher.

The Chemistry class has investigated the concept of solubility, and calculated the concentrations using a range of units, even preparing their own standard solutions using volumetric apparatus in the lab. Students are now ready to move to the final topics, identifying the process and product of reactions, in preparation for Stage 2 Studies.



For the junior class, I would like to recognise the behaviour and interest the year 9 & 10 Agriculture students showed during their excursion to the Royal Adelaide Show. When I interacted with them, they were attentive to what was happening and will be well prepared to participate with animals in 2024.



Feeder School Olympics Carnival

Sarah Walker

The Penola High School oval was a hive of activity last week for the Annual Feeder School Sports Carnival. The event first started in 2011, has proven to be a huge success, with many students participating again this year. This year followed on from the theme change in 2022 - an Olympics style carnival. The day provided warm weather, with a slight breeze, ready for participants from Penola Primary School, Kalangadoo Primary School and Nangwarry Primary School to compete in a variety of sporting activities.

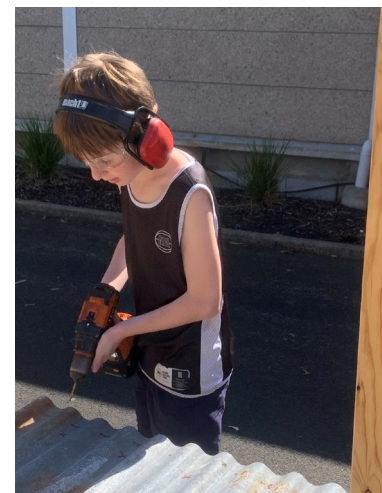
After students from all schools were split into mixed teams, Physical Education coordinator, Josh Pearce, turned the day's activities over to the Year 9/10 Sport students who organised the events for the day. Students participated in stations such as 4 Wicket Cricket, Capture the Flag and Grippy Catch. From early on, students were enjoying the fun, and the smiles all round, showed the day was going to be a success. High quality skills were displayed at all stations and it was great to see the students from different schools interacting positively with one another, even though it was the first time they had met some of their team mates. Each student received a certificate of participation to recognise their efforts on the day. A huge thank you to Physical Education Teacher, Josh Pearce, and his Year 9/10 Sport class for their organisation of the event. Also thank you to the staff and students who ran the Canteen to help refuel the students in their lunch break.



Let's look at...Year 7 Technical Studies

Cory O'Connor

In the world of Year 7 Tech Studies, students have been hard at work focusing their creativity and skills on a unique project, which blends teamwork, precision, and hands-on learning. Their mission: design and construct a portable chicken coop measuring an impressive 6 metres in length and 3 metres in width. Students began by familiarising themselves with various tools and equipment, and learning how to use them safely and effectively. These newfound skills will undoubtedly serve them well in future endeavours.



Let's look at...Middle School Learning for Life

Rikki Helps and Matt Strother



LET'S TALK

This term, the year 7 and 8 classes have joined together to work through the SHINE program, which focuses on relationships and sexual health education for young people. Each week the class focuses on a specific topic to support them with knowledge, skills, attitudes and values that will empower them to:

- realise their health, wellbeing and dignity
- develop respectful social and sexual relationships
- consider how their choices affect their own wellbeing and that of others
- understand and ensure protection of their rights throughout their lives

So far this term we have covered topics on:

- what is sexual health
- how our opinions, beliefs and values influence decision making
- respectful relationships
- sexual anatomy
- puberty
- conception

There is opportunity for students to ask questions within the group and anonymously through our 'question box'. When seeking to answer their own questions, we encourage students to access the following websites for accurate, appropriate information about relationships and sexual health:

kidshealth.org

<https://headspace.org.au>

<https://au.reachout.com>

<https://www.beyondblue.org.au/who-does-it-affect/young-people>

SCHOOL CLOSURE DAY

FRIDAY 27 OCTOBER 2023

(Term 4, Week 2)

STUDENT FREE DAY

FRIDAY 1 DECEMBER 2023

(Term 4, Week 7)

Let's look at...Year 11 Food & Hospitality

Andi Zerk

Students have just completed a task based on the importance of 'presentation of a meal'. They researched a variety of ways to present food, paying particular attention to plate size and colour, and how the food was placed. All students were given the same recipe for a pasta dish, and were required to prepare, cook and present a finished product. See the different ways dishes were presented below.



Let's look at...Year 7 Science

Matt Strother

In the exciting transition from chemical and earth science to biological science, the Year 7 class embarked on a journey of discovery, centred around the intriguing question: "How do systems interact and change?" Their exploration of Surtesy Island's creation has laid the foundation for understanding the dynamic forces at play in our natural world. With the commencement of biological science, students have delved into the intricate web of life through the study of food chains. Through engaging activities and discussions, they are unravelling the complexities of ecosystems, pondering which creatures thrive as nature's victors, and examining the ripple effects when certain species are removed. It's a captivating scientific journey that promises to deepen their appreciation of the natural world. In the photo below, students are participating in an activity called, Survivor, which involved students being given the name of an animal. Students then participated in a game of chase, where once they tagged another student, they had to see which animal they were. If the student tagged was a predator they were given a life, if they were prey, they lost a life. Some animals were only herbivores who had to collect plant matter whilst running away from predators.



Agriculture Open Night

Cory O'Connor

Penola High School recently hosted its highly anticipated Open Night, which provided parents and community members with a unique opportunity to explore the newly renovated Agricultural Block (Ag Block). The event, coordinated by the school's dedicated students, was a resounding success, as it showcased the impressive improvements made to the Ag Block and the students' enthusiasm for their learning environment. The event served as a platform for students to demonstrate their practical skills and knowledge gained through the school's agricultural programs. The night was an undeniable success, with parents and community members leaving impressed by the dedication and skills of the students. The new and improved Ag Block is a testament to the school's commitment to providing a cutting-edge learning environment for its students. It is great to see Penola High School continue to invest in its agricultural programs, it is clear that it is shaping the future of agriculture while nurturing young talent. We look forward to witnessing the continued growth and success of Penola High School and its students in the field of agriculture. Thank you to everyone who attended the Open Night and showed their support for this exceptional institution.



Let's look at...Year 7 Global Perspectives

Rikki Helps

Learning Intention: The quality of a place determines the quality of life for the people that live there.

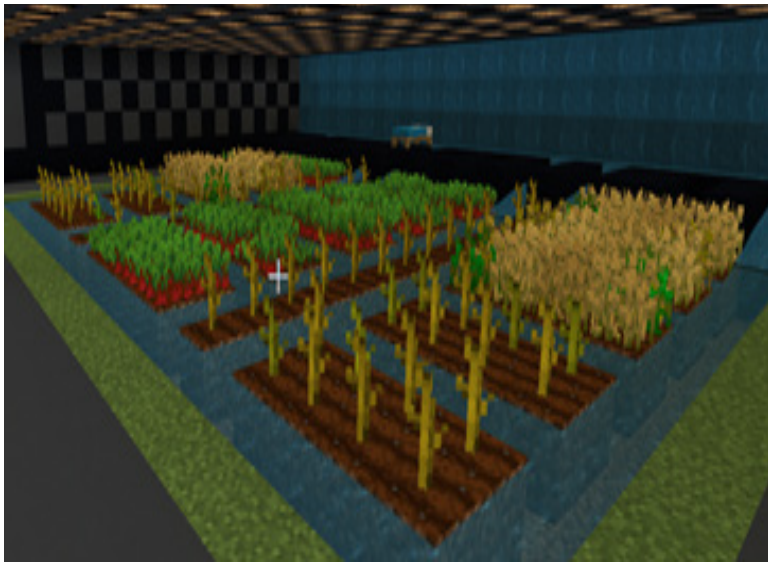
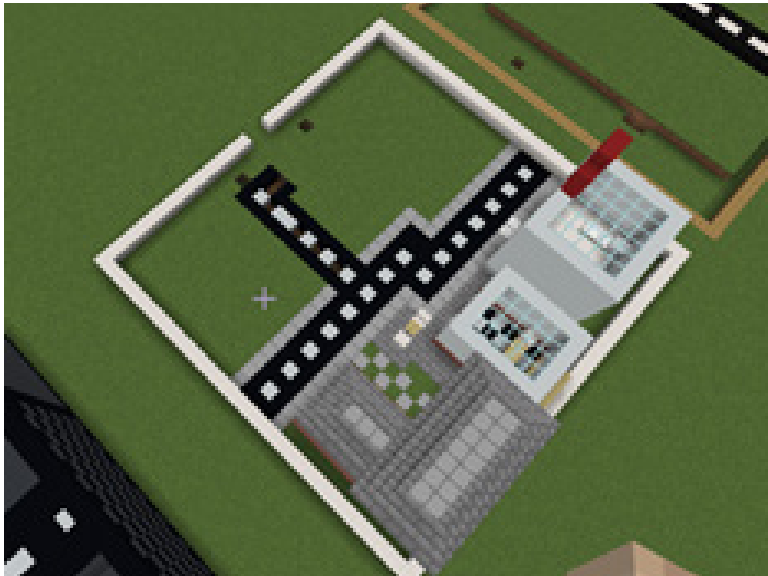
The Year 7 Global Perspectives, 'livability' unit of work concluded with students designing a liveable place. The liveable place included considerations for safety, access to services and a clean environment. Students have shared what makes their place liveable.

My house helps people and animals to live, and it grows vegetables, so that everyone can be healthy. I have a garden so that we can have a healthy lifestyle. *Jack*

My Minecraft house demonstrates an average Australian house by having a backyard, front yard, bedrooms (2), bathroom and all you could expect in a house. The quality of this house is sustainable for the people who would live there by having a water tank for fresh water, sturdy housing, and a wide yard so people don't get cramped. *Gwen*

My house has a garden at the front of the house to provide oxygen. It has a fence around the house. It also has a heap of windows to provide natural sunlight in the house. The walkway leads to the front door of the house with bushes either side of the walkway. It has a triangle shaped roof so the water runs off it. It has carpet to keep the house warm. *Liam*

I built a house to live in, a hospital for any health problems, a cafe to eat at or to have a job in so people can get an income and pay for house rent. I have a police station for the citizens safety, a small school for an education, and a small fire department. I have also planted some trees and added some livestock to make it a more environmental space. *Lea*



R U OK? Day
Olivia Jaeschke

Year 12 Health and Wellbeing student, Reese Balshaw, recently hosted a R U OK? Day. This day was to inspire and empower everyone to meaningfully connect with others and start a conversation.

Windara Bakery kindly made donuts for the school to sell, while Year 10 Cafe students made hot chocolates, with Year 12 students making cupcakes. All wares were available to students, staff and the community for a gold coin donation. Students and staff also embraced the day, dressing in yellow and black, to raise awareness and educate on how to ask a friend if they 'R OKAY'. The successful day raised \$115.00, which will be donated to Dolly's Dream.

Reese would like to thank students, staff and community members for donating to the R U OK? Program.



Let's look at...Year 8 HASS
Jasmine Brain

The Year 8s have been creating Topographic Maps in HASS. First, students looked at a topographic map of the Grampians in Victoria where we could determine the height of peaks such as Mount Rosea. Students used **BOLTS (Border, Orientation, Legend, Title and Scale)** to create maps. They used contour lines and layer colouring to show these dimensions. Reading contour lines can tell us a lot about the nature of landforms, something we have focused on this term when looking at Biomes around the world, and the features within these environments.

The Year 8s also enjoy movement breaks in class. 'Brain Breaks' can help students re-energise, refocus, and give their brains a boost.



Let’s look at...Year 8 Textiles

Olivia Jaeschke

The Year 8 students have recently been developing and fine tuning practical skills needed while using a sewing machine. Students have learnt to thread a needle, as well as a variety of stitches. Sewing worksheets have also proved to be a valuable resource, providing excellent sewing practice for the students, and allowing them to perfect their methods and movements. Students have also been learning technical textiles language, and practising the terms with their peers. Students are to be commended on the results so far.



Let’s look at...Year 7 Global Perspectives

Rikki Helps

Students finally finished their class novel, and watched the movie, *Percy Jackson and the Lightning Thief*. All enjoyed watching the movie, but agreed the book was so much better. Here are reviews:

The book is better than the movie, because it had more adventure. I liked it when Percy and Ares had a big fight on the beach and Percy stabbed him in the foot. *Harvey*

The book is better than the movie, because at the end they got to meet the gods. *Jack*

The book is better than the movie, because it gave more beasts like Chimera and Cerberus. The movie only had Hydra. *Lea*

The movie is better than the book, because I enjoy watching a movie more than reading a book. *Ashton*

The book is better than the movie, because the story line made more sense, rather than Hades destroying him on the spot and then jumping to the next scene. *Gwen*

The book is better than the movie because there were lots of adventures. I liked when they came across Ares and went to go get his shield at the theme park. Also when they were on the bus and came across the furies. *Riley*

Royal Adelaide Show

Cory O’Connor

Six Penola High School students recently embarked on an educational adventure at the Royal Adelaide Show, immersing themselves in the world of animal showing. Cameron Braendler and Tyler Howlett competed in the highly competitive Dairy Handlers Class, showcasing their knowledge and handling skills with dairy cattle. Mia Gartner also wowed the crowd with her exceptional steer handling during the grand parade.

This experience provided valuable insights into the dedication and hard work required to succeed in the world of animal showing. Students learned about grooming, handling, and the intricacies of breed standards. Their week at the show left them inspired and eager to represent Penola High School at next year’s Royal Adelaide Show. Looking ahead, our students are preparing to participate in the Steer and Wether Competitions next year. These challenges will put their skills to the test, and provide an opportunity to shine in the agricultural exhibition arena.



9-a-side Football - Boys

Josh Pearce

Last week, in unusually warm weather, Penola High School hosted a boys 9-a-side football tournament, with games being played in Year 7/8 and Year 9/10 divisions. Competing against Lucindale and Kangaroo Inn area schools, the Penola High School teams demonstrated sportsmanship and school spirit, with the Year 7/8 team going undefeated. It was also noted, and appreciated, that some members of the Year 7/8 team played up in the higher division, playing 4 games during the day - which was no easy feat in the hot September sun. A special thank you to Toby Zerk, Reese Balshaw and Tara Vosnak for assisting with the umpiring during the day.



9-a-side Football - Girls

Josh Pearce and Reese Balshaw

This week, Penola High School hosted, 250 students from across the Limestone Coast, for the 9-a-side girls football competition. Run by the SANFL, the day is a promotion of girls' football, and for some, an introduction into the sport. Penola High School, fielded two teams, one made up of Year 7 and 8 students, whilst the other comprised of Year 8 and 9. The Year 7/8 team played well with all members showing great skills. Lea Baugh was the first, and only girl to kick a goal during the day, showing great improvement over the day, and giving encouragement to her team. Gwen Denton, Zoe Perry and Natalia Edwards showed great football knowledge during the games and gave lots of positivity when they played. Madison Ellery had an amazing day and showed great tackling skills during play, with Madison Amor also showing incredible strength in the forward pocket. Megan Edwards showed outstanding speed, strength and ability to outsmart her opponent, and attacked the ball well, passing it off to her teammates. Emmity McElroy also showed exceptional sportsmanship to the other team throughout the day, and never gave up. The highlight of the day for the 8/9 team came in the third game, where a whole team effort guided the girls to a win against Tenison Woods College. Well done to the team on the way they represented the school.



Wellbeing Space
Jessie Cope

Students have recently begun using the new wellbeing space, under the guidance of Jessie Cope. During recess and lunch breaks, the space has become a hive of activity with students enjoying activities such as card games, puzzles, lego, bead making, and sometimes having just a general chit chat. The room is equipped with a toasty maker and microwave for student use. Students have been making great suggestions on how the new space can be improved, so if anyone else has some great ideas, please pop in and see Ms Cope and let her know your thoughts.



5 Tips TO HELP TEENS COPE WITH STRESS

GET SOME SLEEP

Z Z Z

Getting enough sleep helps you grow and develop normally, pay attention throughout the day, and maintain overall health. For teens, this means about **8-10 hours each night**.

FOCUS ON YOUR STRENGTHS

Muscle icon

Take time to **think about what you're good at** and ways to do more of those things. By focusing on and building your strengths, you can keep your stressors in perspective.

DO THINGS THAT MAKE YOU HAPPY

Smiley face icon

Find activities or hobbies that make you happy and incorporate them into your daily life.

ENGAGE IN PHYSICAL ACTIVITY

Bicycle icon

Exercise takes our mind off stress and releases chemicals in our brain that make us feel better. This can be anything from a stroll in the park, to a downhill bike ride or basketball game with friends.

TALK TO SOMEONE

Speech bubble icon

It can be hard to manage stress alone. Talk to a parent, teacher or other trusted adult about your problems and they may be able to help you find **ways to manage your stress**.

MENTAL HEALTH FIRST AID

Quiz Night
Sarah Walker

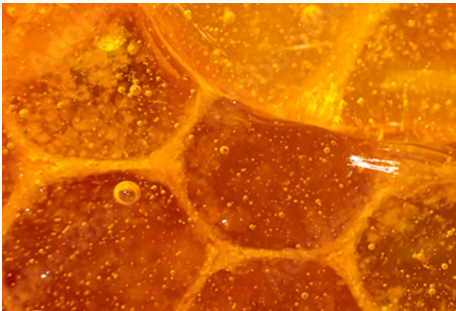
The Penola High School Hall was a hive of brain activity recently, with 8 teams competing for the coveted title of Quiz Night winner, plus an array of very generous prize donations. The student comperes for the evening were SRC Co-Presidents Olivia Berkin and Lochy Neale, who did an excellent job of keeping things moving, reading out the questions and entertaining the crowd. A highlight of the night was the song lyrics round - this required a competitor from each table to let go of their inhibitions and try and sing the next line of a song. Congratulations to PCGLMB, who put a table together at the last minute, and walked away with the winner's prize. It was a most enjoyable evening and also a successful fundraiser for the school. Penola High School thanks the many businesses and individuals in our community who donated prizes, it is wonderful to see so much support for our students and school.



Quiz Night - Would you have been correct?

For those of you who were unable to attend the recent Penola High School Quiz Night, we look forward to you joining us in 2024! For interest, see how you would have done with some of the questions asked on the night..... (Answers at bottom of column)

- 1. What Italian word means 'before the meal'?
- 2. What distance is the Melbourne Cup Horse Race run over?
- 3. How many legs does an ant have?
- 4. What is the only animal that can fly backwards?
- 5. What is this a close up image of?



- 6. Which bone is the longest bone in the human body?
- 7. Name the 'movie' based on these emojis.



- 8. What animal is seen on the Porsche logo?
- 9. What is the real meaning of the Greek word Pita?
- 10. A Bombay Duck is not a duck at all...what is it?
- 11. In Monopoly, how much does it cost to buy a Railway Station?
- 12. Who won the US Open Men's singles tennis title this year?
- 13. What numbers are missing in the image below?



Table with 2 columns: Question Number, Answer

13.	123
12.	Novak Djokovic
11.	\$200 or £200
10.	Fish
9.	Bread
8.	Horse
7.	Back to the Future
6.	Femur
5.	Honey
4.	Hummingbird
3.	6
2.	3200m
1.	Antipasto

School Mental Health Practitioner Corner

Alex Miles

Holidays can be fun, a great chance to take a break and recharge, however, they can also cause disruptions and extra stress. Holidays can take students away from friends and their usual school supports, and changes to routine can cause some children and young people to feel stressed, isolated, and alone. Parent/caregiver support is very important during this time. To help support this time I have pulled together some tips for the holidays:

Encourage your young person to stay connected:

- Social relationships are an important aspect of young people's general wellbeing. Friends can provide both play and support, and spending time with friends is also important for keeping and building existing friendships.

Encourage them to stay involved:

- Whether it's finding a casual job, hobbies, clubs, sport or even volunteering. Involvement with these can help a young person feel connected to their wider community.

Partake in physical activity:

- If your young person is feeling down or finding things difficult, physical activities such as walking around the block, kicking the footy or riding their bike can help relieve stress and frustration.

Organise and explore:

- List places you want to visit and things you want to do. Take up a photography course, or find another course that interests you.

Creative projects:

- Get your creative juices flowing! Revamp your bedroom or create an art piece - invite a friend over or ask a parent to help.

Keeping to a regular routine:

- Getting a good sleep each night helps young people feel energised, focused, and motivated. Getting up and going to bed at the same time each day can help normalise their body clock.

Help-seeking & support:

- There are a range of local services that can offer support and connection over the holidays. If you would like specific support please reach out to the Wellbeing Team who can provide more information and resources.

Headspace Mount Gambier – 8725 0443
Walk in service Monday, Wednesday and Friday 11:30– 5:00pm
Skylight Mental Health Service - 08 8378 4100
MIND Always in Mind - 1300 286 463
Young Carers school holiday program – Sam Benton - 0491 066 939

Futsal Competition

Josh Pearce

On Thursday 21 September 2023, students travelled to the Wulanda Recreation Centre in Mount Gambier, to take part in the FUTSAL tournament. Futsal is a football-based game played on a hard court like a basketball court, smaller than a football pitch, and mainly indoors. This inaugural competition was held amongst South East zone schools, with Penola High School sending a boys and a girls team.



The Open Boys team had a hot start, combining well together, to beat Millicent 3-0. Throughout the day, all members of the boys team successfully scored a goal, with Tayte Virtanen scoring a hat trick. The Open Girls team, comprised of Year 8 and 9 students fought bravely throughout the day. growing in confidence. Ultimately outmatched by opposition players who were nearly three years their senior, the Penola girls worked hard, and have now set the foundations for success in the years to come. We are very proud of the sportsmanship and way students conducted themselves over the day.



Let's look at...Year 12 Food & Hospitality

Olivia Jaeschke

The Year 12 Food & Hospitality students recently worked on a group catering task involving Modern Tapas. Tapas are appetisers or snacks in Spanish cuisine. They can be combined to make a full meal, and can be hot or cold.



Staff and students were invited to a celebratory lunch to enjoy the culinary delights. Food items included calamari fritos, cheese and bacon croquettes, spring rolls, spicy chicken skewers and prawn tacos. Dessert was also a highlight with invitees delving into cannoli bites, smores, churro balls and chocolate mousse. Students are to be commended on their delicious menu and food presentation.



Youth Opportunities - Year 10

Friendly reminder to Year 10 families, that the Youth Opportunities program will begin in Week 1, Term 4. The program will be delivered one day a week (Wednesday), beginning Wednesday 18 October 2023, at the Penola Sports Club, beginning at 9:00am. Students will need to bring recess, lunch and water for the day, and will not be required to wear school uniform. Students will not be required at school the morning of the Youth Opportunities program, and are asked to make their way straight to the Penola Sports Club, where the class roll will be taken.

Let's look at...Junior Science

Matt Strother

In Year 8 Science, students are wrapping up a unit on Earth Science. Students have worked through the rock cycle, weathering, erosion and how to identify the different properties of rocks. In Week 7, students used a classification system to help them decide the name of the rock they were holding. This involved looking to see if there were crystals, fine grains of sand, layers or even if they fizzed with vinegar. For their assessment, they will use this knowledge and skill set to create the story of a rock.



Let's look at...Year 8 Technical Studies

Andi Zerk

Over the past six weeks, students have been working on how important it is to design a product, and knowing the process it will take to build and construct. The students were given a task to design a toy vehicle with certain specifications - it must have a wheel, an acrylic door and had to be made to scale. Students learnt skills using equipment such as the bandsaw, drill and sander, along with hand tools such as chisel and wooden mallet. All these skills will set them up for their next individual project.



Year 10-11 Adelaide Camp

Mike Hentschke

Penola High School Year 10 and 11 students are currently on a career focused camp in Adelaide this week. Please see a report (time of print Wednesday pm), and photos of what they have been up so far...

...The first stop for students, was the Adelaide Zoo. Here, the focus was on the range of employment opportunities within the zoo. Surprisingly, these extend far beyond the zookeepers. There are many aspects of the zoo's operations that require a broad range of careers, ranging from animal handlers, gardeners, hospitality workers, veterinarians and vet nurses, plus the full range of administrative occupations. Day 2 started with a visit to regency TAFE, where students were taken on guided tours of the hospitality and engineering sections of the campus. The engineering group had the opportunity to try virtual reality welding, each receiving instant feedback on the quality of each weld. It was an eye-opener to where technology can take us to hands on training. This was followed by lunch at the TAFE restaurant, *Tiros*, where hospitality students prepared and served a two-course meal as part of their training. All enjoyed quality food, and a formal dining experience. On return to the city, some students took the opportunity to tour Adelaide Oval, while others visited the technology hub at Lot 14. Built in 1911, a highlight was going into the oval scoreboard and seeing how it operates during a cricket match. Interesting ingenuity for its time.

Wednesday saw a visit to Adelaide University and UniSA. Students were shown presentations about courses at these universities, and an insight into the life of a university student. Tours of each campus, were also included. This allowed students to familiarise themselves, should they make the move to further study in the city. Students then enjoyed a browse and stroll around the Adelaide Central Markets.

Thursday, students will be visiting Flinders University, and participating in some student workshops, followed by a visit to the Tonsley Park TAFE.

With students at a critical time as they decide their possible future pathways, the trip has provided timely information and insights.



- Term 3 in Pictures -



Lea Baugh, Aaliana Maclean, Gwen Denton, Jacob Lloyd
- Student Breakfast



Jordan Dinnison and Bodhi Lear
- Footy Colours Day



Brayden Raedel
- Immersion Day



Maddison Mitchell
- Year 11 Independent Living



Olivia Berkin
- Open Basketball



Mates on a Mission
- Mike Rolls and Ben Pettingill with Year 12 students



Service of Remembrance
- Year 7 students

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School Fees (Materials and Services) 2024

Vicki McDonald-Burgess

School fees (Materials and Services) have been set at \$379.00 per student for the 2024 school year. The ‘watermarked notice’ (approval from the Department of Education) has been received. All parents are invited to the next Governing Council meeting where the proposed fee is to be approved. Date– Monday 23 October 2023 Time – 6:30pm Venue – Penola High School Community Library. Please find a copy of the watermarked ‘notice’ below. In lieu of attendance at the Governing Council meeting, parents can express their views in writing to the Governing Council Chairperson – Tamara Ploenges. Schools fees are due by the end of TERM 1, 2024. We will offer payment plans. If you wish to apply for School Card we encourage you to do it as early as possible, preferably online.

Monday 23 October 2023 - 6:30pm
Penola High School Community Library



Government of South Australia
Department for Education

Penola High School - 0931		
Notice of Materials and Services Charges for 2024		
Notice of Charges for Years 7 - 12		
HEADING	ITEMS AND SERVICES	COST (\$)
Printed and electronic materials related to the educational program and which are provided for the student	Workbooks	\$0.00
	Text Book Hire / E-Book Access	\$50.00
	Photocopied Material	\$50.00
	SUBTOTAL (ZPREM)	\$100.00
Stationery items that are provided for the student	Stationery Items	\$30.00
	Other [please Specify]	\$0.00
	Other [please Specify]	\$0.00
	SUBTOTAL (ZSTAT)	\$30.00
Materials and Services that are provided by the school for the student to consume or use the materials or take ownership of a finished article produced by the student with the materials	Access to Student Information Technology	\$100.00
	Access to Machinery	\$84.00
	Access to Equipment	\$50.00
	Curriculum/Subject Supplies and Services	\$0.00
	Other [please Specify]	\$0.00
	Other [please Specify]	\$0.00
	SUBTOTAL (ZACMS)	\$234.00
Materials for inclusion in the school library and to enable use by the student	Library resources including access to borrowing library resources	\$15.00
	SUBTOTAL (ZACLI)	\$15.00
Total Materials and Services Charge (excluding Subject Charges)		\$379.00

These subject charges are in addition to the Materials and Services Charge above for those students undertaking the following subjects.

Subject Description	Cost (\$)
	\$0.00
	\$0.00
	\$0.00
	\$0.00
	\$0.00



FREE

Some events
have limited
places so be
quick!

4 Fantastic EVENTS FOR YOUNG CARERS

in Mt Gambier

1 Wed 4th October 10.30am-1.30pm
(9-12 year olds). Wulanda Swimming
Experience and BBQ Lunch.



2 Thurs 5th October 5.30pm-7.00pm
(18-25 year olds) Bowling at Kaboom Family
Entertainment followed by dinner at Fasta Pasta.



3 Mon 9th October 10am-1.00pm (approx)
(5-8 year olds) Oatmill Cinema and lunch.
Movie to be confirmed.



4 Wed 11th October 10.30am-1.30pm
(13-17 year olds) Bowling at Kaboom Family
Entertainment followed by lunch at Fasta Pasta.



To RSVP or if you have any questions
call Sam on 0491 066 939 or Email
samantha.benton@carerssa.com.au

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8



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