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## Important Dates

Friday 8 November 2019

- General Maths Exam
- Year 12 Art Exhibition opening

Mon 11-Fri 15 November 2019

- PE Week

Monday 11 November 2019

- Physics Exam
- 5-A-Side Soccer

Wednesday 13 November 2019

- Chemistry Exam
- Lawn Bowls

Friday 15 November 2019

- Physical Education Exam
- Festival of Sport
- Robotics Trip
- Year 12 Graduation Dinner

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**Government  
of South Australia**

Department for Education

## Principal's Report

*Ngairie Benfell*



Dear Parents and Caregivers

### School Improvement

It is time to review and reset our School Improvement Plan. Staff have engaged with our data to determine our impact. This means we measure how well our strategies have helped students meet our targets. On Monday 11 November 2019, we will use this information to review our goals and reset goals, targets and success criteria for 2020.

### Year 12 Students

The Year 12 Graduation Assembly was very efficiently run by the Year 11 students on Friday 1 November 2019. The students' confidence and competence at public speaking is a culmination of the value and support Penola High School places on developing the skills of oration. From MC Joel Virtanen to the Year 12 response from Sam Gartner and Kate Skeer, the speeches were clear, inspirational and moving. Exams begin this week and Year 12 students are reminded to arrive promptly while Years 8 to 11 students are reminded to help provide a quiet, uninterrupted exam experience for them by staying well clear of the Drama Room. I am really looking forward to the final moments of their school life at the Graduation Dinner at Hollicks on Friday 15 November 2019 and finally, Presentation Night on 11 December 2019. We look forward to your attendance at these events and your continued support of these students.

### Student Leadership 2020

I congratulate Ebonie Moulton on her election to SRC President for 2020 and the students elected to House Captaincy.

At Penola High School, we believe that developing leadership capacity in our students is one of the major graduate capabilities with which a student can leave Penola High School. When students put their hand up for leadership opportunities both within classrooms and across whole school roles, they develop social responsibility and courage to meet our school value of 'integrity: to do what is right, not what is easy'. Our students are often complimented on their leadership capabilities and values; on the sporting field, as mentors of younger students and during excursions outside the school.

Thank you all for your support from home. The partnership between families and the school is the 'village that raises the child.'

## Bandanna Day

Ella Hutchesson

National Bandanna Day is a major fundraising and awareness campaign for CanTeen Australia, held every year on the last Friday of October. The foundation raises money to help support young people affected by cancer. Penola High School's day was organised by the Year 8 SRC members and was a huge success, with the school meeting its target of \$300. The school community was extremely supportive of this day with students and staff proudly wearing their bandannas.



## Penola High School 58th Annual Presentation Night

Penola High School  
Wednesday 11 December 2019  
7.30pm

Nibbles and drinks from 7.00pm  
Art Display in the Foyer

All students are expected to attend and wear school uniform.

## P.A.R.T.Y

Michael Hentschke



P.A.R.T.Y. is the acronym for a program developed by the Royal Adelaide Hospital to educate our students with the aim to **Prevent Accidents and Risk-related Trauma in Youth**. It is among the most powerful presentations our students receive regarding decision making in society.

Emergency department nurses commence the day with an introduction to the risks associated with choices. They draw heavily on the experiences in the emergency department at the hospital. Representatives from SAPOL and ambulance paramedics also presented to the group. However, to many, a particularly moving moment was during the CFS presentation, when the speaker related the personal effects on him when a driver killed his then girlfriend in a motor accident. The driver exceeded the legal blood alcohol limit by over 4 times.

Students were involved in a role-play in the Mount Gambier emergency rooms. The 'patient' had been involved in a car accident and students helped with the treatment. Their efforts were in vain and brain injuries were the cause of death. A quiet fell on the room as time of death was announced. A preventable death, caused by a poor decision of a 19 year old youth. Fortunately, this time, the patient was a dummy.

Following lunch, students had the opportunity to experience some of the inconvenience of being disabled - often the result of poor choices made and taking risks in life. This was brought home during the link to Jack Annear in Adelaide. Jack had been involved in an horrific accident near Mount Gambier and his personal message about losing your best mates, suffering life-threatening injuries and the long road to recovery validated the day's information. The take home message was being aware of the consequences that may result from poor choices and engaging in risk taking behaviours.



## Year 12 Last Day

The last day for Year 12 students for 2019 got off to a fine start with a breakfast feast at Greenrise overseen by masterchef, Mike Hentschke, ably assisted by Dave Vannini. Students and teachers were treated to sausages, eggs, bacon, mushrooms and tomato, with a choice of juice or iced coffee. The students were resplendent in the special Hawaiian traveller shirts and pyjama combos that they wore for the occasion. After their breakfast, the students, smartly attired in genuine uniform, arrived at school for their final assembly, run by Year 11 students. Joel Virtanen asked the students to stand for the official party comprising Ngaire Benfell, Mike Hentschke, Chloe Long, presenting Year 11 students and all the Year 12 students. Ebonie Moulton delivered the Acknowledgement of the Land and Joel welcomed the parents and friends who had joined us. Caleb Lythgo lit the candle representing belonging and learning in our school and our hopes for our departing students. James Braddy had prepared a slide show which morphed students' photos from the time they were in Year 8 until this year and this was shown, following which Mr Hentschke shared his thoughts on our Year 12s and the adventures which await. Ms Benfell also addressed the assembly and was followed by SRC Co-Presidents, Brooke Hutchesson and Jesse Martin who reviewed the SRC year. A slide show of Year 12 events, prepared by Brooke and Jess Lucas was shown before Kate Skeer and Sam Gartner replied to the earlier speakers on behalf of the Year 12 students. Mr Hentschke conducted a final roll call and students were presented with certificates of completion by Mr Hentschke and Ms Long. Cards prepared by the Year 11 students, teachers and Sarah Walker and individual candles bearing students' names prepared by Jan Marcus were presented to the students by Jacob Robbie and Caleb. Ebonie presented the 2019 plaque for the Year 12 bench to Phoebe Tregenza, then Amy Whitehouse asked Brooke to unveil a photo of the Year 12 students who each signed it in the margin. The photo will be displayed in Room 8.

After the assembly it was time for a lavish morning tea in the seminar room. As well as to those mentioned above, our thanks go to Vicki McDonald-Burgess and Trish Wooding for the morning tea and Ali Bond for her beautiful flowers for the Hall.



## Year 10 Basketball

Chloe Long

Tuesday of Week 2 saw Miss Long and Miss Jones take some excited, yet inexperienced basketballers to Naracoorte for Knockout Basketball. The girls' team, captained by Georgia Winter (who was also our leading scorer for the day), started the day off with a game against Naracoorte High School. The girls looked professional early, running drills before each game to strike fear into the opposition. One of the goals for the day included remembering that we were playing basketball, not netball, so the girls could dribble the ball down the court and they didn't have to be 3 feet away from their opponents.

A special mention goes to Breanna Lythgo for being ferocious under the ring, trying to gather up rebounds and Indi and Kasey Venables who were equally handy as point guards. Georgia Winter led from the front, setting up plans and getting all the girls involved in the game. Amber Boutcher made her knockout sport debut and she did it with class and a smile. The girls developed their skills throughout the game and showed good sportsmanship. They should be proud of their efforts and are getting stronger every year.

The boys had 2 tough games against strong Naracoorte and Bordertown teams. The first game saw us play against Bordertown and with the 3 pointer of the game scored by Penola, we were in the lead for a minute. From here Bordertown ran away with the game, however, Penola continued to work as a team to get scores on the board. Logan Burr and Thomas Jerome worked well together to bring the ball down the court, with Flynn Kain and Dylan Morton having a never say die attitude. The boys developed some good basketball skills throughout the day and they should all be proud of their efforts and sportsmanship.

A big thank you to Sarah and Georgia who umpired, and Miss Jones for scoring.



## Penola Primary School Sports Day Support

Last week some Year 10 Penola High School students assisted at the Penola Primary School Sports Day. In what were very warm conditions, the students supported Penola Primary School staff with the running of individual events. Well done to you all, your efforts were appreciated.



## Parent Opinion Surveys

It is time to collect parent opinions regarding teaching and learning, your child's sense of wellbeing and safety at school, and your experience of how well staff work with you to support your child's learning.

All responses are anonymous. Surveys will be sent out to your email address in the next few days, but if you would prefer a paper copy of the survey or have objections to receiving a survey emailed to you, please contact Louise asap on 8737 0000.

It is most important that we hear your opinions and you take the opportunity to give feedback about what works well and what we can work on to improve.

## Year 9 Food and Culture

Olivia Jaeschke

As part of Year 9 Food and Culture, the students created fusion food using kangaroo mince and Mexican flavours to make kangaroo nachos. This involved the students having to plan and prepare ingredients which resulted in the final meal. Students enjoyed using the unfamiliar ingredients.



## Year 9 STEM

Georgia Winter and Amelia Henry

As part of our Year 9 STEM project we recently visited Biogro in Mount Gambier to help us with our question “How can we help make farming more sustainable?” Craig, the site manager for Biogro gave us a tour of the facilities. During the tour he gave us maximum information about the different ways they recycle and reuse products to produce resources used in farming and home gardens. We learnt a lot during this excursion and the visit gave us an insight into sustainable farming. We thank Craig and Biogro for allowing us to visit their site and thank Mrs Phillips for driving us to Biogro (and to Maccas).



## Fire Season

Jason Plunkett

Very shortly the fire season will begin. Although Penola High School is considered a “low risk” school, it is important that families prepare themselves for the season.

As a low risk school, the school will remain open even if a catastrophic warning is issued. The school may however close if a fire is threatening the Penola Township or not enough staff can travel to the school on the day due to current fire incidents. Due to the nature of these incidents and the lateness of notification, the community will be informed of such a closure via ABC radio.

In the event that an incident occurs during a school day which threatens the school, normal school procedures apply and students would be evacuated to the hall for safety.

All school travel during a catastrophic fire day will stop, including school buses. You may still bring your children to school via other means if it is safe to do. This also means that excursions on these days and any day of a total fire ban will be cancelled.

If a bus run is threatened by fire on any other day, the bus will not run (morning or afternoon). If this is an afternoon bus run the school will communicate with families to collect students when safe to do so. The determination of whether a bus will run or not is made by the department with active communication with CFS and other agencies.

If you need any clarification please contact the school for more information.

## SAPOL

On Tuesday 5 November 2019, Senior Constable Helen Anderson from SAPOL’s Road Safety section visited the Year 10 class and delivered a workshop to increase the awareness of the dangers of high risk driving. The powerful program discussed road safety issues, including the causes of road crashes such as fatigue, speed, distraction, risk-taking and driver attitudes. Students were very engaged throughout the presentation.



## TERM 4 2019 CALENDAR

	<b>MONDAY</b> 14/10	<b>TUESDAY</b> 15/10	<b>WEDNESDAY</b> 16/10	<b>THURSDAY</b> 17/10	<b>FRIDAY</b> 18/10
<b>Week 1</b>			F&H Adelaide Trip Year 12 PE Revision day	F&H Adelaide Trip Year 8 Robotics workshop	F&H Adelaide Trip Flinders Uni Test — 9-11.30am Pink Up Penola — 2.00pm
<b>Week 2</b>	21/10 Governing Council meeting	22/10 Disc Golf STEMIE Showcase — Mt Gambier	23/10 Year 8/9/10 Basketball	24/10 SRC Leadership 2020	25/10 Bandana Day
<b>Week 3</b>	28/10	29/10 Year 11 P.A.R.T.Y.	30/10	31/10 SRC Handover including SRC Party	1/11 Last Day — Year 12 Assembly — L4L — 10.15am
<b>Week 4</b>	4/11	5/11 Maths Methods Exam — 1.30pm SAPOL Year 10 — 1.30pm	6/11	7/11	8/11 General Maths Exam — 1.30pm Year 12 Art Exhibition Opening — Riddoch Art Gallery
<b>Week 5</b>	11/11 Physics Exam — 1.30pm 5-A-Side Soccer	12/11	13/11 Lawn Bowls Chemistry — 1.30pm	14/11	15/11 Festival of Sport Phys Ed Exam — 1.30pm Robotics trip Year 12 Grad Dinner
<b>PE WEEK</b>					
<b>Week 6</b>	18/11 Governing Council meeting (6.00-6.30pm followed by nibbles in Café)	19/11 SACA Cricket Workshop	20/11	21/11	22/11 Beach Mural Opening 4.30-6.00pm
<b>YEAR 11 EXAM WEEK + YEAR 11 INTO YEAR 12 INTRO CLASSES</b>					
<b>Week 7</b>	25/11 Year 7 Parent Information Evening 7.00pm	26/11	27/11	28/11	29/11
<b>YEAR 7 TRANSITION DAYS</b>					
<b>YEAR 11 INTO YEAR 12 INTRO CLASSES</b>					
<b>Week 8</b>	2/12	3/12	4/12	5/12	6/12 Last Day for Year 10/11
<b>WORLD CHALLENGE</b>					
<b>Week 9</b>	9/12	10/12	11/12 Presentation Night	12/12	13/12 Robin Ey Tennis Tournament
<b>ACTIVITIES WEEK</b>					
<b>WORLD CHALLENGE</b>					



University of  
South Australia

Mount Gambier  
Campus

**FREE PUBLIC LECTURE**

# **UNDERSTANDING CYBER RELATIONSHIPS: SAFETY; ABUSE; SEXTING AND BULLYING**

This presentation will focus on the relationship aspect rather than the digital.

We live and work with technology, therefore we need to understand how relationships are enabled and challenged through the medium.

Dr Barbara Spears, is recognised nationally and internationally for work on youth voice, cyber/bullying, sexting, mental health, wellbeing, and the role of technology in young people's social relationships.

She is Chair of the Australian Universities' Anti-Bullying Research Alliance, which is regularly invited to inform government policy development.

**Tuesday 19 November**  
**6:30pm**  
**UniSA Mount Gambier Campus**  
**Bob & Gayle Cowan Auditorium**

Q&A session held directly after presentation, followed by a light supper

Register your attendance via [Eventbrite](#)

For further enquiries contact Michele on 8721 8902  
or [mountgambier.enquiries@unisa.edu.au](mailto:mountgambier.enquiries@unisa.edu.au)



# YEAR 7 TO HIGH SCHOOL



## Parent Update Week 3, Term 4 - 2019

### Your child's wellbeing is important

Your child's wellbeing is just as important in high school as it is in primary school.

We know from our high schools that already have year 7s and from interstate learnings that year 7s look forward to the excitement, challenges and broader opportunities that high school brings. Watch the [video](#) on our website to see how year 7s are thriving at Clare High School.

### Support will be available

Schools will help year 7s adjust to new routines and different academic demands for starting high school in 2022. They will be given evidence about what works to support early adolescents to feel safe and confident. The supports will vary across schools, so it's best to check with your new high school about how transition will work.

Schools also have frameworks in place to manage interactions between students of different ages. These already operate in our B-12, R-12, area and primary schools to manage younger children interacting with older students.

### It's a big year for our year 8s

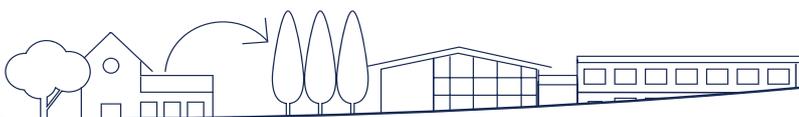
In 2022, year 7 and 8 students will begin high school in the same year for the first time. We are very mindful of having a smooth transition for all new high school students. Our year 7s and year 8s will receive appropriate support when starting high school for the first time in 2022.

Primary schools will be thinking about graduation and transition practices, and high schools will be planning open days and transition activities ahead of the move.

### Where to find out more

Stay informed through your school and the Department for Education's website: [www.education.sa.gov.au](http://www.education.sa.gov.au).

Or share your feedback with the project team by emailing: [Year7toHS@sa.gov.au](mailto:Year7toHS@sa.gov.au).



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