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Important Dates

Monday 11 October 2021

• First Day of Term 4

Tuesday 12 October 2021

Year 8/9 Boys Cricket

Tuesday 19 October 2021

Year 8/9 Basketball

Monday 25 October 2021

Student Free Day

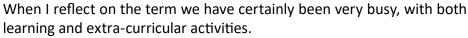
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Deputy Principal's Report

Judy Goodes

Dear Parents and Caregivers



We started the term with two days onsite and then COVID-19 forced us into home schooling, which luckily was only a brief interruption to our term. We have had Industry Immersion Days at Millicent and last week held our own very successful hospitality and tourism Industry Immersion Day. We have had several transition visits from our feeder schools, and a well attended Year 6/7 Parent Information Evening. Sporting activities have also featured this term with netball and a very funfilled feeder school Mini Olympics hosted by Penola High School. All students have completed course counselling, and I am currently working on setting up the timetable for 2022!

While there is now some focus on next year, we still have one very important term left and this is where the main focus for all students and staff will be. Over the two week break it will be essential for our Year 11 and 12 students to continue working on assessments; our Year 12s will also need to start their study preparation in readiness for their exams. Year 12 teachers have set aside days over the holiday break to be onsite and I would expect our Year 12 students to take up these additional learning opportunities they will make all the difference at the end of Term 4. Keeping a balance over this break will also be important. Healthy food and exercise will be essential, as is catching up with friends and doing some holiday activities such as a trip to the movies.

Students will receive their reports on Friday, take the opportunity to sit with your young person and read through the report comments together, ask questions about the work they have completed and reflect on their attendance, attitude to learning, task completion and effort for the term. Ask them to consider areas they could work on in term four and help them set a goal for the term. As a family then consider how you could help them achieve this goal. It maybe helping them to wake up early so they arrive at school before the morning bell, or setting up a diary to help plan when tasks are due. Teachers have made contact during the term to discuss student work and attitudes, after reading the report if you would like to further discuss any information on the report please make contact with your child's teacher.

Have a fantastic break and I look forward to seeing you all Monday 11 October 2021 all refreshed and ready to have a great term four.

Kind regards



Industry Immersion Day

Kathleen Phillips

Last week Penola High School hosted an Industry Immersion Day with 5 other schools from around the district, the focus being on hospitality and tourism. This Immersion Day gave insights into the industry and also promoted the FIP (Flexible Industry Pathway) Certificate II in Hospitality which Penola High School will be offering next year.

Students began the day by listening to two presentations from local community members. Simon and Kerry Meares from Coonawarra Experiences, spoke about tailored luxury touring options, and escorting visitors around our district; and Paul Stone, from Ottelia and Cluckers spoke about his career as a chef and running a restaurant.

In the afternoon students had the opportunity to visit Hollick and Brand's Laira. Students were shown around the cellar doors and heard about the businesses and the type of work they do. They also learnt about all the 'hidden' opportunities at businesses like wineries and cellar doors, and the different pathways available to them. School students that visited Hollick also got to experience a non-alcoholic wine tasting!

Students listened to staff from Wattle Range Council about how council promotes the local area and how they work with different government agencies to promote Wattle Range. They also learnt about the different tourism career opportunities within council. We would like to thank all the industry partners and their staff who shared their knowledge with students last week. It was greatly appreciated, and we look forward to strengthening our ties with our local businesses.

Also, a huge thank you to Year 11 student, Bianca Bovell who provided 'lunch boxes' for the participants on the day, of which there were over 50. A massive effort – thank you Bianca.





Science Expo

Judy Goodes

Last Thursday, a group of students from Year 8 and 9 had the opportunity to attend a Science Expo at Lot Fourteen in Adelaide. Lot Fourteen is the Science and entrepreneur hub of South Australia. We were shown around the hub and looked at the plans for the future of the hub which include start up facilities for new business and the Aboriginal Cultural Centre. Students were given a guided tour of the Cybersafety complex which looks at ways to make sure businesses and individuals stay cybersafe. We visited the Defence and Space Centre and finished our day at a career expo, where we could talk to businesses about science based employment. Our day was sponsored by the Advanced Technology Program and the aim was to show us all the cool jobs you can do if you continue to study science.



Jump Rope for Heart kicks off next term!



Jump Rope for Heart is a fantastic physical activity and fundraising program that has been run by the Heart Foundation for over 36 years. It's a great way for your child to keep fit and learn new skills, but it also helps raise funds for vital heart research and education programs.

Since Jump Rope for Heart started in 1983, schools like ours have raised more than \$104 million for the Heart Foundation's lifesaving work.

Students will be skipping throughout Term 4 in Physical Education lessons and during break times. We will hold our school Jump Off Day on Friday 12 November 2021. This will mark the end of the program and is a chance for everyone to come together to skip and show off their newly learned skills.

Thank you for supporting the Jump Rope for Heart program!

Transition

Olivia Jaeschke

IN Weeks 4 and 5 next term, Olivia Jaeschke and Jessie Cope will be meeting with students and their families as part of learner meetings. These meetings will be held before the transition days later in the term.

The purpose of the meetings is to get to know the students and find out how Penola High School can best support the new learners. Students and their families will be given the opportunity to meet and chat about the following questions:

- What are your strengths?
- What are the skills you would most like to improve?
- Do you have any ideas about what your future pathways might be?
- What are you most looking forward to about high school?
- What are your biggest concerns about high school?

All families will be provided with these questions prior to the meeting and we will aim to make a time and venue to best suit everyone. We look forward to meeting with all families.

Food and Hospitality

Bianca Fiebiger

Last week, as part of my Food and Hospitality Community Task, I chose to work with the Year 8 Japanese class and Ms Phillips. We made bento boxes with some helpers from the Year 9 Home Ec class. We started by preparing the rice into their desired dishes, for example: sushi, onigiri and rice balls. These rice dishes were paired with the students' choice of protein and vegetables. Most students chose honey soy chicken, but some students got adventurous and even made their own meatballs! Everyone had a lot of fun making their own Japanese lunch boxes and experimenting with their own recipes and cute bento box designs.





Aboriginal Flag Garden

Year 10 student, Phillip Davis, recently completed a garden out the front of the school, with the Aboriginal Flag as the focus. This was part of a design and space task in Stage 1 Essential Maths, where Phillip needed to measure the area, draw scale diagrams and work out plant density from the planting guides.

The main reason behind the project was Phillip wished to recognise the indigenous culture and heritage in the area. Phillip sourced all the materials, and over the course of only a few weeks his efforts were rewarded, with the finished design looking immaculate. This garden can be seen as you enter the main school building. We are all very proud of Phillips achievement, as we know he is.

ABORIGINAL FLAG FACTS:

The Aboriginal flag was designed and created by artist Harold Thomas, a Luritja man from central Australia and a member of the Stolen Generations. The flag has become a symbol of Aboriginal Australia and holds special legal and political status worldwide. The top half of the flag is black to symbolise Aboriginal people. The red in the lower half stands for the earth and the colour of ochre, which has ceremonial significance. The circle of yellow in the centre of the flag represents the sun. The designer Harold Thomas says the colours of the flag represent the Aboriginal people of Australia and their spiritual connection to the land.





Year 9/10 Art

Aimee Moretti

Year 9/10 Art students have recently learnt the processes involved in creating reduction lino prints.

Reduction lino print is a method of block printing, in which each colour layer is taken from the same block. More lino is removed from the block for each layer and each colour is printed on top of the last.

Students investigated different endangered Australian animals and completed a scientific report to gather appropriate data on their selected animal.



P.A.R.T.Y.

Michael Hentschke

The P.A.R.T.Y. Outreach program was presented to our Year 11 and 12 students on Wednesday 22 September 2021 at the Penola Sports Club.

Key presenters, Belle and Marie, work as emergency department nurses at the Royal Adelaide Hospital. Consequently, they were able to relate to their experiences from over 20 years in this role. Using these examples, they portrayed the message that most trauma is preventable if people choose better actions than to place themselves and others, at risk.

The presenters were supported by speakers from SAPOL, CFS and Ambulance SA. Again, the common message was the impact of decisions we make as individuals, families and community can have, and we will have to live with the consequences forever. It is the decisions we make and how we look after our mates that can see a reduction in potential trauma.

During a simulation of the treatment of a 19 year old male, following a road accident, students took notes on the treatment of the patient. They provided treatments to sustain the patient, but their efforts proved unsuccessful due to the extensive injuries of the patient.

We were also linked to an accident survivor from rural South Australia. She spoke of the impact of life in a wheelchair as a result of an accident that was not her fault. Her honesty and courage through the presentation was evident.

Students also tried a range of simple activities such as buttering bread and dressing with the use of only one arm. This showed the impact of losing our mobility and coordination.

It was a powerful day for the youth in our school and provided a valued insight to the consequences of our choices.



PRIOR NOTICE STUDENT FREE DAY MONDAY 25 OCTOBER 2021



Do you have old clothes/shoes? Or even toys? If you do, come drop them off at Penola High School Community Library.

All donations will go to Treasure Boxes to support families and kids in need.

In desperate need of teen clothing and shoes

DONATIONS can be made Wednesday 20 October - Friday 23 October (9AM-3PM)



For more info visit

TREASUREBOXES.ORG.AU



Parent Update Week 10, Term 3 - 2021

Enrolled and ready for 2022

By now, families of our current year 6 and 7 students should have received their enrolment offers for secondary school for next year. If you have not done so, please contact your child's primary school.

The next step is to accept the offer by completing and submitting the enrolment form to the secondary school.

So what happens beyond enrolment? And what can you do to support your child's transition from primary to high school?

Your high school will take it from here

Once you have accepted the enrolment offer your high school will provide you with information about what to expect next year.

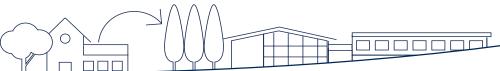
Our schools set their own policies on things like uniforms, curriculum resources needed, school fees and mobile phone use.

They also run their own transition programs to help students settle in. Your school will keep you informed about what it has planned. Many secondary schools offer open nights or 'Bring your own device' evenings for students and their families in term 4. Events like this allow you to come into the school, meet some teachers and ask questions.

Of course, there is the possibility some of these events may be impacted by COVID restrictions. If this is the case, your school will find other ways of communicating with you and making sure your child feels welcome.

If you do attend a school event, COVID restrictions may apply, but there will be clear information to follow. This may include using the COVID-SAfe check-in each time you enter the site, wearing a face mask and practicing physical distancing.

Keep an eye out for emails and letters from your high school. You may also like to check their website and follow them on Facebook if they have an account.







Attend transition days

All public high schools will offer transition days to students. They generally occur during term 4. Transition days are fun days that involve school tours, activities and games to help students meet some of their new school friends and teachers. They also help students to become more familiar with the school grounds.

Feedback from our year 7 to high school pilot program showed students enjoyed their transition days and felt more confident about high school after attending them.

As a parent or carer, you can speak positively to your child about transition days and ensure they take part in them.

Start thinking about transport

Adelaide Metro is getting a new fleet of school buses to cater for the extra demand resulting from the year 7 to high school move.

Other school bus services also operate in our regions.

Adelaide Metro timetables for 2022 will be available later in the year, but you might like to start talking to your child about how they will get to and from high school next year.

For more information on catching public transport to school visit the Adelaide Metro website and click on the travel to school page.

Get involved as a parent

As a parent, you may be wondering how you can connect and have some involvement in your child's high school community. There are many ways of doing so.

Start by attending any 'getting to know you' events on offer, noting that they may be held early next year. If attending a school site, please ensure that COVID restrictions are always adhered to.

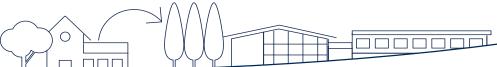
You may like to nominate for the school's governing council in 2022 or attend governing council meetings as an observer.

You may also like to ask the school about opportunities to volunteer.

Where to find out more

Stay informed through your school and the Department for Education's website: www.education.sa.gov.au/7toHS

Or share your feedback with the project team by emailing: Year7toHS@sa.gov.au.







Recycled Garden Art Competition 2021

(for Female Show Competitors)











Women of Penola! Show us your creative talents and construct some amazing garden art out of recycled products for the next Penola Show.

The main body of the final object cannot be any bigger than one metre high and wide, and must be able to be carried into the grounds. It can be staged on a trestle or hanging if own frame is provided. For further details please contact Janet Brodie on 0400 028 566.

Cash prizes: First \$250, Second \$100, Third \$50. Sponsored by Deland Engineering.

nurturing individual success