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Important Dates

Friday 26 November 2021
• Last Day for Year 11s

Friday 3 December 2021
• Last Day for Year 10s

Mon 6 Dec-Fri 10 Dec 2021
• Activities Week

Wednesday 8 December 2021
• Presentation Night

Friday 10 December 2021
• Robin Ey Tennis Tournament

43 Cameron Street
Penola SA 5277
T: 08 8737 0000
F: 08 8737 0050
E: DL.0931_info@schools.sa.edu.au
W: www.penolahs.sa.edu.au



**Government
of South Australia**

Department for Education

Principal's Report

Judy Goodes



Dear Parents/Caregivers

While the countdown is on for the end of the school year, Christmas, and the end of the year, we can become so busy looking forward that we forgot to focus on the now. We have a busy couple of weeks where our students need to work hard on wrapping up a great year of learning. This is the chance to finish off work and hand in assignments before teachers complete end of year reports.

Last week we celebrated Physical Education with PE Week. Students had the chance to join in a range of activities including soccer, lawn bowls and volleyball. Friday saw 300 students from local high schools join in the Festival of Sport. This was a fantastic way to finish a wonderful week. I would like to thank Justin for his grounds work - the oval looked amazing; Tara for all her sporting organisation-the day ran without a hitch, Andi and Jo with their student support team who did an amazing job catering. Finally, I thank all our students who helped run the event as well as participated in the sporting activities.

This week we have welcomed next year's Year 7 and 8 cohort for their transition visits. They have enjoyed a variety of activities and it has been a very exciting time for these students. I would like to thank all our students who have made these students feel so welcome, as well as planned and participated in activities. I would like to take this opportunity to thank Olivia Jaeschke our Middle School coordinator who has organised a fantastic transition program over the course of the year.

Our staffing for 2022 is nearly complete and over the next few weeks our new staff will come to visit - they will work with students as well as staff. This week Kevin Knott has made the difficult decision to take long service leave for Term 1 and 2 and then resign from teaching. We would like to thank Kevin for his lifelong commitment to education, where he has fostered the love of design and technology for hundreds of students. This is a very exciting time for Kevin and his family, who will now have time to enjoy his passion of sailing as well as heading away in his new caravan. We all wish Kevin well in this next exciting chapter. We will have a chance to celebrate his career at Presentation Night.

Kind regards

PE Week

Tara Millard

During Week 5 Penola High School celebrated PE week. The purpose is to promote the importance of Health & PE in the Australian Curriculum, and highlights the importance of Health & PE to the learning and development of children and young people. The week involved 5-a-side soccer, lawn bowls, staff vs student volleyball competition, PE Week quiz and the Festival of Sport.

5-A-Side Soccer

PE Week kicked off Monday morning as the Year 8 and 9 students travelled to Grant High School to participate in the come and try 5-A-Side soccer carnival. The Year 8/9 girls team, with coach Lucy Williams, consisted of Taylah Burr, Scarlett Black, Dianne Wilson, Lily Allen, Maddison Mitchell and Emma and Rachel Jerome. The girls proved themselves to be a great team with Dianne showing her talent for goal keeping. Lily Allen tried out some fancy footwork and Taylah Burr learnt that soccer can be a painful game. While the girls seemed more distracted by the appearance of a canteen, they still put their best foot forward in all their games and enjoyed the day.

The Year 8 boys team contained Jack Henry, Noah Virtanen, Archer Virtanen and Riley Edwards. With only 4 players they took on the challenge of playing a man down. The boys were given the task that all players had to score a goal with the reward of McDonalds at the end of the day. The boys played fair and nailed their celebration performance when scoring goals. The Year 9 boys consisted of Thomas Currie, Harry Marlow, Toby Zerk, Ned Skeer, Kaleb Moulton and Arlie Shadbolt. The boys improved their skills throughout the day with their favourite game being against Tenison Woods College.

With each team playing over five games in the sun, it's safe to say that the soccer stars returned to Penola feeling pretty exhausted. The students should be commended on their sportsmanship and dedication, a great day was had by all.

Lawn Bowls

On the Wednesday, 12 Penola High School students headed to Mount Gambier, to compete in the lawn bowls competition, to continue the PE Week celebrations. Competing against 4 other schools, the students started the day with a quick warm up before getting into game play. A highlight for the day was the coaching provided by the RSL volunteers who supported the students all day. Mason Moulton proved to be a natural at the sport leading his team to be the overall individual team winners for the day! The scores between Penola High School and Grant High School were very close, leaving it up to the last game to decide the winner. The boys team went into their last

match confident, however their overconfidence cost them the match. The Year 8 boys had an inconsistent day and took on a very strong final opponent, however they walked away with the win. Due to some great bowling the Penola High School students were able to come away winners for the day. Big congratulations!



Festival of Sport

On Friday 12 November 2021, Penola high School hosted the annual Festival of Sport, with 7 schools, 3 different sporting competitions, 42 teams and over 350 students involved. This day wouldn't work without the support and the willingness of all staff and students to jump in and help out where needed. The morning started with the Penola High School students using their problem-solving skills to measure and set up all the Ultimate Frisbee fields. As always this was a fantastic day, filled with fun, sports and lots of laughter. Thank you to the students who supported with coaching and Choe Long and Shandeen Balshaw for umpiring and coaching throughout the day. A huge thank you to Andi Zerk, Jo Skeer and the student helpers in running the BBQ and canteen stand.

Year 9 Touch

The Year 9 Touch footballers braved the showers and were rewarded with the afternoon sun. Throughout the day the boy's skills improved, they began to drive the ball up the field and score many tries. They were supported by Aaron Zerk who helped them understand the game and show their ability to think tactically. The girls rallied together to put a full team on the field, showing the boys how to score tries early in the day and working together to ensure they become more successful. Both the boys and girls improved their touch football skills, and more importantly, they had a lot of fun.



Volleyball

The Year 10 students took up the challenge of competing in a volleyball tournament against Millicent High, Mount High, Saint Martins, Tenison, Naracoorte and Grant. The combined team consisted of Lochy Neale, Reece Balshaw, Nakita Borman, Ozzy Morton, Max Gartner and Olivia Berkin. With self appointed coach Seth Lear by their side they were in capable hands. It was a big day, with students alternating between playing their own games and scoring. The teams skills improved throughout the day, with all students displaying good communication and teamwork. Our students were praised throughout the day by teachers from many different schools for their willingness to help out and dedication to ensuring all the courts were set up and packed up in record time.



9-A-Side Football

Andi Zerk

Our Year 8 and 9 girls participated in a 9-A-side football day at McCorquindale Park in Penola. The girls competed against 6 other schools on the day. The day was organised and run by SANFL, with former Adelaide Crows ruckman Sam Jacobs joining the teams for the day. The sessions emphasised a need for mental alertness and communication and the girls used a lot of teamwork throughout the games. All the girls enjoyed the experience and developed new skills throughout the day.



Year 12 Graduation Dinner

Michael Hentschke

Our 2021 Year 12 class celebrated the end of their schooling at the Graduation Dinner at Hollick on Saturday night. It was an enjoyable evening as the students, their families and their teachers joined to celebrate this significant milestone in their lives. As the photos will show, they made every effort to go out in style and look amazing, both individually and as a group.

Judy Goodes addressed the gathering on behalf of the school while Emma Neale spoke to the group on behalf of the parents.

The students response was given by Tom Skeer and Stella Glynn as they reflected on their time as students here in Penola.

The dinner concluded with the presentation of the 2021 Chalkie Awards by Year 12 Coordinator Mike Hentschke.

It was a most enjoyable evening as we farewelled the Year 12 cohort of 2021. (Photos later in newsletter)

First Aid

Chloe Long

Some students and staff undertook First Aid Training at school this week. They learnt skills and knowledge required to provide a First Aid response to an incident, as well as life support and management of casualties in a range of situations. Some of the topics covered were bandaging, bleeds, CPR and bites and stings.

Everyone was highly engaged and showed a high level of maturity through sensitive content, whilst working as a team to complete the practical elements.



ScRoll Queen

Jo Skeer

Penola High School was lucky to have Dylan McQueen, the founder of ScRoll Queen in Mount Gambier, come and talk to the students recently.

Dylan spoke to students about finding their passion and believing in themselves. He also reminded students that it is completely okay not to know exactly what they want to do as a career when they are in school, as he himself worked for over 15 years in jobs he was not happy doing before starting his own business.

Dylan's presentation was extremely inspirational and left students thinking about their passions and goals in life. We asked students to write a few words to say how they felt after listening to Dylan, here are a few responses

- Motivated
- Inspired and intrigued
- I felt intrigued and I liked listening to the story and the path Dylan went on. It gave me confidence.



Penola High School 60th Annual Presentation Night

Penola High School
Wednesday 8 December 2021
7.15pm for a 7.30pm start

Art Display in the Foyer

All students are expected to attend and wear school uniform.

Due to COVID-19 restrictions, all family members must book a seat. We are required to allocate designated seating for the public attending the event.

Please phone 8737 0000 to reserve a seat.

Students do not need seats booked.

2022 House Leaders

Tara Millard

The school community would like to congratulate our newly elected House leaders for 2022. We look forward to their leadership next year

House Leaders

Moyanga

Captains: Kasey Venables & Bailey Lindner

Vice Captains: Amelia Henry & Logan Burr

Torilla

Captains: Olivia Berkin & Aaron Zerk

Vice Captains: Reese Balshaw & Bianca Bovell

Yalluminga

Captains: Georgia Winter & Thomas Jerome

Vice Captains: Breanna Lythgo & Ty Dinnison

Would I...

Year 10 student
(name withheld)

I don't know

What will I be

When school is done?

Would I become a vet?

Someone told me

A vet could help any

Animals that need

medical treatment

Would I become a cop?

A cop that helps people

That arrests people that

Are being disrespectful to

Others and the community.

Would I become a construction worker?

A worker that builds buildings

For People that need a house.

A roof over their head,

Somewhere safe for them.

I don't know...

Will I find nothing...

Who knows...



nurturing individual success



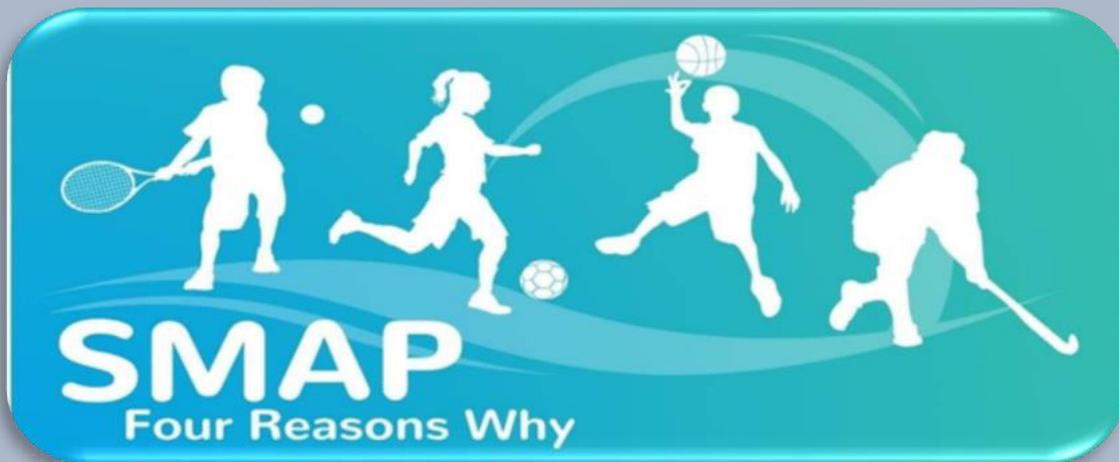
612 SQUADRON RECRUITING NOW

APPLY ONLINE
BY
JANUARY 31ST

13-16 YEARS | FRIDAY 7PM - 10PM
MOUNT GAMBIER AIRPORT

☎ 0422 941 542 📌 612 Squadron SIGN UP @ www.airforcecadets.gov.au

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LET YOUTH BE ACTIVE!!

Can't afford to play sport?

FRW believes you can't afford not to!

SPORTS MEMBERSHIP ASSISTANCE PROGRAM

Funding available for youth aged 9 – 20 years

to participate in, but not exclusive to;

- club sports
- gym memberships
- dance lessons
- horse riding lessons
- school camps
- swimming lessons
- physical activities



EASY APPLICATION PROCESS

Eligibility criteria applies, available to

Limestone Coast residents - email us for an application

trudi@fourreasonswhy.org.au



Applicants must be from a low socio-economic background and unable to afford the fees involved to participate in their chosen activity. All applicants must have an agency, club or school referee to confirm their circumstances and need.

Funds of up to \$350 per youth, per year are available for each individual applicant. Fees paid direct to the biller.



Penola Wellness Group Presents

Mental Health Awareness Evening

We all feel stuck sometimes join us to hear stories, gather resources and make connections to find out about becoming unstuck

Brands **Laira Cellar Door**

6pm Wednesday 24th November 2021



MC

Jessica Adamson

Journalist, Speaker, Event Host / Facilitator, & former 7 News Presenter

Guest Speakers:

Anne-Marie Williams

Inaugural Member Penola Wellness Group

Graham Cornes

Ex-AFL Footballer and Media Personality

John Mannion

Mental Health Commissioner

Dr Flip Oberholzer

Clinical Psychologist



**\$25 entry fee includes light dinner
drinks available for purchase**



Tickets for COVID numbers at:

<https://unstuckmentalhealthevening.eventbrite.com.au>

RSVP By 16th November

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